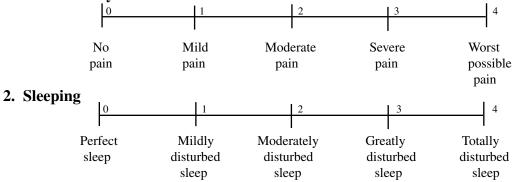
Functional Rating Index

For use with **Neck and/or Back Problems** only.

In order to properly assess your condition, we must understand how much your <u>neck and/or back problems</u> have affected your ability to manage everyday activities. For each item below, **please circle the number which most closely describes your condition right now.**

1. Pain Intensity



3. Personal Care (washing, dressing, etc.)

0	1	2	3	4
No	Mild	Moderate	Moderate	Severe
pain;	pain;	pain; need	pain; need	pain; need
no	no	to go slowly	some	100%
restrictions	restrictions		assistance	assistance

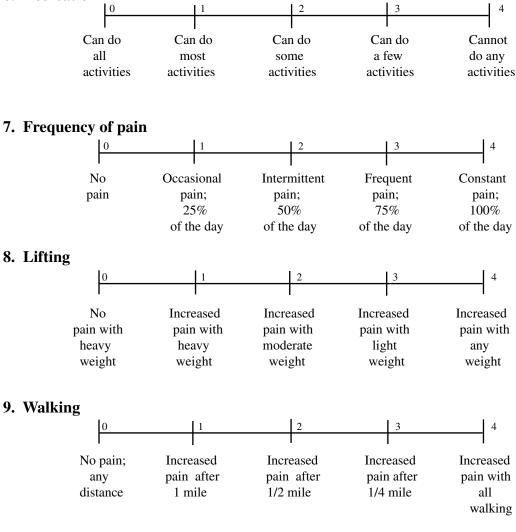
4. Travel (driving, etc.)

0	1	2	3	4
No	Mild	Moderate	Moderate	Severe
pain on	pain on	pain on	pain on	pain on
long trips	long trips	long trips	short trips	short trips

5. Work

1	2	3	4
		Ι	
Can do usual work;	Can do 50% of	Can do 25% of	Cannot work
no extra	usual	usual	
work	work	work	
	usual work; no extra	usual work; 50% of no extra usual	usual work; 50% of 25% of no extra usual usual

6. Recreation



10. Standing

0	1	2	3	4
No pain	Increased	Increased	Increased	Increased
after	pain	pain	pain	pain with
several	after several	after	after	any
hours	hours	1 hour	1/2 hour	standing

Patient's Signature

Date