

PRE - INTERVIEW BLANK

Fred McKinney
1960

The information requested below will aid in making subsequent interviews more profitable to you, in order that you may give a true picture of your personality. Please be accurate and very frank. If necessary use other side of the sheet and refer to each item by number and letter. Your confidence will be respected. Do not sign. Your initials will identify blanks.

A. Identification

1. Date _____ 2.No. _____ 3. Initials _____ 4. Sex _____
5. Age _____ 6.College _____ 7. Class _____ 8. Social fraternity
or sorority _____ 9. Home Address _____ 10. Population of home town _____

B. Ability and achievement

1. Grades last semester: hours of A _____ B _____ C _____ D _____ F _____
2. Dropped _____ Delayed _____ Semester before last: hours of A _____
B _____ C _____ D _____ F _____ 3. Transfers from other colleges or
courses, eliminations, etc. _____ 4. Scholastic rank in high school
_____ 5. Size of high school class _____ 6. College Aptitude
Percentile _____ 7. Study habits: Average hours per day of study _____
Underline all statements which describe accurately your usual process of study:
outlining, Associating material with daily life, self-quizzing, daily habits
of study, seeking quiet study place, actively trying to get general meaning
of material, daydreaming, following a schedule. Other methods.
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8. Underline all statements descriptive of your attitude toward your abilities and achievements: below average in college ability, do not apply myself, am actively trying to improve, realize I must make drastic efforts to improve, my abilities are a great encouragement to me. Other attitudes.

C. Physical health

1. Describe general health by underlining all appropriate statements: have major physical defect, must watch health, perfect health, frequent colds and ailments, several minor chronic difficulties, feel tired most of the time, usually well and strong. Further statements.

2. Height _____ 3. Weight _____ 4. Date of last physical examination
_____ 5. Wear glasses? _____ 6. Hearing perfect? _____
7. Defect in bodily members? _____ 8. Underline statements describing
attitude toward physique and health: worry, fear future, hardly think of
health, feel inferior, dissatisfied with physique: others.
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D. College activities (Answer in terms of activities while at college).

1. Extracurricular activities, name, amount of participation (extensive, average, minor), and offices held.

2. Underline appropriate adjectives. Friendships : none, few, average, very many.
Approximate number _____ Acquaintances: very few, several, average, very many.
Approximate number _____ Remarks.

Give approximate number of hours per week for the following, estimating as accurately as possible: 3. Dull sessions _____ hr. 4. Dances _____ 5. Shows attended with others _____ 6. Conversations _____ hr. 7. Time unaccounted for or wasted _____ hr. 8. Athletics _____ hr. 9. No. of books read per month _____ 10. Dates per month _____ 11. Remarks or strong opinions toward any of the above activities.

Interests and plans

1. Vocational objective (including plans made and your qualifications).

2. Your two most outstanding reasons for coming to college: Prestige, means of better employment, enjoy studying, parents' desire, to have a good time, prepare for definite career, general culture; others: _____

3. Outstanding hobbies and interests (include active and latent, vocational, avocational, educational and time spent on each).

4. Skills and accomplishments (public speaking, typing, debating, dramatics, dancing, selling creative writing, etc.).

5. Your opinion of your greatest assets (underline): appearance, high intelligence, ability to make friends, reputation, outstanding physique, car, fraternity affiliations, athletic ability, special musical, artistic, or mechanical abilities, ingenuity, family, money, clothes; other.

6. Activities and events within this year to which you are looking forward with great pleasure.

7. Strongly anticipated goals within next ten years.

F. Present living conditions (Underline appropriate adjectives in each section).

1. Roommate: studious, good-natured, popular, quiet, commanding respect, emphasizes social life, idealistic; other adjectives: _____
conceited, unclean, disturbing, lazy; more adjectives: _____
2. Housing conditions: depressing, uncomfortable for study, inspiring; others _____
3. Financial status: insufficient, sufficient, average, above average, car at school; others _____
4. Working conditions (hours per week): interesting, depressing, fatiguing, instructive, emotionally disturbing, too consuming of time; others. _____
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G. Attitudes (Rate the following attitudes very frankly on a scale from 0 to 10. 0 = lowest possible rating, 5 = average, 10 = highest, intermediate numbers are intermediate degrees).

1. Interest in this counseling interview _____
2. Your present degree of happiness _____
3. Your present mental integration consisting of oneness of purposes, and consistency and stability of attitudes and desires _____
4. Your present adjustment to the environment and other people (degree to which you "fit in" with them) _____
5. Outlook for future fulfillment of your ambitions _____
6. If there are abnormally high or low ratings given above explain them (referring to attitude by its number. _____
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7. We are all sensitive about some matters. Underline any of the following factors concerning you and your life about which you are somewhat sensitive and which you dislike to discuss: physique, complexion, facial features, health, home town, posture, family economic or social status, family behavior, religion, athletic ability, scholarship, leadership, social functions, ambition, responsibilities, sex control, fears, temper, mistakes, self-control, unpopularity with same sex, unpopularity with opposite sex, unconventional attractions; others. _____

H. Problems (Personal view).

For each existing personal problem, difficulty, source of worry, fear, aversion, etc., give: (1) its specific and detailed nature; (2) when it first arose; (3) your attitude and reactions to it; (4) how much you desire to overcome it; (5) methods used to date in dealing with problem; (6) how easy you expect overcoming it will be; (7) the percentage of college students you believe to be more troubled by this problem than you are. Number each problem.

I. Personality traits

(Underline all of the following which describe you rather accurately. Look at yourself as another person and be very frank.)

Energetic, ambitious, overconscientious, self-confident, hard-working, restless, nervous, easily annoyed, quick-tempered, versatile, witty, easy-going, unemotional, good-natured, friendly, persistent, original, calm, appear unemotional, inhibited, absent-minded, shy, cautious, submissive, lazy, often procrastinate, avoid responsibilities, have initiative, seek responsibilities, aggressive, lack initiative, good teamworker, leader, follower, salesman type, sociable, individualist, cooperative, enjoy people, dislike people, too serious, sensitive, idealistic, cynical, hard-boiled, indifferent, reliable, moody, easily distracted, cheerful, playboy, dependable, forceful, stubborn, critical, weak-willed, imaginative, egocentric, methodical, quick, self-conscious, retiring, often lonely, easily discouraged, easily hurt, enjoy being alone, pessimistic, jealous, tactful, anxious, unhappy, capable, tolerant; others.

J. History prior to college (List concisely and frankly under the following topics all the factors in your life which made you the type of person you are today. Include factors from infancy to date, separating grade school and high school periods.)

1. Parents (include temperament, compatibility, education, occupation, age, attitude toward you, financial status).

2. Other members of family (include age, temperament, education, occupation, attitude toward you).

3. Health history (accidents, defects, major illness).

4. Recreation and athletic history (Include games preferred, team membership, honors.)

5. Sex history (include dates, dances, attitudes, experiences, practices; age beginning each.)

6. Social life history (include early playmates, clubs, gangs, camps, offices held, warm friendships, attitude changes).

7. School history (include honors, best and poor subjects, embarrassments, attitude changes.)

8. History of extr~~as~~chool experiences (include travel, work, hobbies, successes).

9. History of inner life (include fears, dislikes, daydreams, strong attractions, night dreams).

10. Religious history (include church preference, early training, value of beliefs in your life, attitude changes, disillusionment or loss of ideals, failures in reaching ideals).

11. Summary (comment on most important factors in your development, whether mentioned above or not, producing happiness or sadness).

