

WILL THERAPY

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a type of psychotherapy based upon the theory that neuroses can be veered away from or overcome by asserting one's will and by attaining independence. In accordance to this theory, life is a long struggle to part oneself from the mother psychologically, just like one separates one's self physically from the mother during childbirth Commonly referred to as Rankian therapy.

WILL THERAPY: "According to will therapy, an individual can will themselves to overcome neuroses through a life long struggle. "

SELF-ABASEMENT

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