

Unconditional Positive Regard

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October 8, 2025

RECOMMENDED CITATION

mohammad looti (2025). *Unconditional Positive Regard*. PSYCHOLOGICAL SCALES.
Retrieved from <https://scales.arabpsychology.com/?p=36210>

According to Carl Rogers, Unconditional Positive Regard is when one person is completely accepting toward another person. This is not just a show of acceptance, but is an attitude that is then demonstrated through behavior. Rogers indicated that for humanistic type of therapy to work, the therapist had to have this for the client.

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