

# Sexual Arousal

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Sexual Arousal is the body's involuntary reaction to sexual thoughts or stimuli. In both males and females, arousal involves increased blood flow to the genitals, increased heart rate, and dilation of the pupils. The skin may also become flushed or red. Males experience an erection (swelling of the penis); females experience genital swelling and lubrication. These reactions prepare the body for possible sexual intercourse.

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