

# PHYSICAL THERAPY (PT) 1

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the remediation of pain, trauma, or illness using mechanical or physical techniques, like massage, heat, exercise, electrical currents, or water. The remediation is delivered by a trained physical therapy professional. Commonly referred to as physiotherapy. 2. a department of medicine and medical care which recognizes, fixes, relieves, and prevents transient, extended, or lasting motion malfunction or physical handicap.

PHYSICAL THERAPY (PT) 1: "The doctor says she will need 6-8 weeks of physical therapy following surgery."

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