

LIMITED SYMPTOM ATTACK

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October 27, 2025

RECOMMENDED CITATION

mohammad looti (2025). *LIMITED SYMPTOM ATTACK*. PSYCHOLOGICAL SCALES.
Retrieved from <https://scales.arabpsychology.com/?p=61086>

an umbrella term for those suffering with symptoms typical of a panic attack but without exceeding four somatic or cognitive symptoms during which the individual will feel an intense degree of fear or discomfort.

LIMITED SYMPTOM ATTACK: "When a patient displays symptoms of a panic attack, but those symptoms aren't in abundance (greater than 4), they're diagnosed as having a limited symptom attack."

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