

Hyalophagia (aka, Hyalophagy)

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Hyalophagia (or hyalophagy) is a mental disorder characterized by eating of glass. In the DSM 5, this is categorized under eating disorders as a form of pica. This is dangerous as the pieces of glass may harm the digestive system. Some of the causes may be an underlying mental illness, vitamin deficiency, or stress.

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