

ATHLETIC MOTIVATION INVENTORY (AMI)

Authored by
mohammad looti

November 13, 2025

RECOMMENDED CITATION

mohammad looti (2025). *ATHLETIC MOTIVATION INVENTORY (AMI)*. PSYCHOLOGICAL SCALES. Retrieved from <https://scales.arabpsychology.com/?p=67910>

a self-report inventory commonly used to assess 11 personality traits that are statistically associated with successful athletic performance: aggressiveness, reachability, conscientiousness, determination, drive, emotional control, guilt proneness, leadership, mental toughness, self-confidence, and trust. Originally published in the 1960s, the AMI consists of 190 sports-specific statements, to which participants respond using a multiple-choice format. See also sport personality debate, [developed by U.S. psychologist Thomas A. Tutko (1931-), Leland P. Lyon, and U.S. psychologist Bruce C. Ogilvie (1920-2003)]¹

ATHLETIC MOTIVATION INVENTORY (AMI): "A person was administered the Athletic Motivation Inventory in order to assess whether or not they possessed the traits most commonly associated with winning athletes."

ARABPSYCHOLOGY.COM