

# How can I use the SHEET function in Excel?

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The SHEET function in Excel is a useful tool that allows users to retrieve the sheet number of a specific cell or reference within a workbook. This function can be used in various ways, such as creating dynamic formulas that refer to different sheets within a workbook, or organizing and managing large sets of data. By using the SHEET function, users can easily navigate and manipulate data across multiple sheets in an efficient and organized manner. This function is particularly helpful for individuals working with complex and interconnected spreadsheets, as it provides a quick and reliable way to identify and reference specific sheets within a workbook.

This article describes the formula syntax and usage of the SHEET function in Microsoft Excel.

## Description

Returns the sheet number of the reference sheet.

## Syntax

SHEET(value)

The SHEET function syntax has the following arguments.

**Value** Optional. Value is the name of a sheet or a reference for which you want the sheet number. If value is omitted, SHEET returns the number of the sheet that contains the function.

## Remarks

SHEET includes all worksheets (visible, hidden, or very hidden) in addition to all other sheet types (macro, chart, or dialog sheets).

If the value argument is not a valid value, SHEET returns the #REF! error value. For example, =SHEET(Sheet1!#REF) will return the #REF! error value.

If the value argument is a sheet name that is not valid, SHEET returns the #NA error value. For example =SHEET("badSheetName") will return the #NA error value.

SHEET is not available in the Object Model (OM) because the Object Model already includes similar functionality.