

# How to Calculate Net Work Hours in Excel (Subtracting Lunch Breaks)

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## RECOMMENDED CITATION

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The process of calculating the hours worked minus lunch using Excel involves utilizing the built-in functions and formulas in the software. This allows for a more accurate and efficient method of tracking and calculating work hours. By inputting the start and end times for each work day, as well as the designated lunch break, Excel can automatically calculate the total hours worked minus the lunch break. This provides a reliable and organized way to track work hours and can be used for various purposes such as payroll, project management, and employee performance evaluation.

## Excel: Calculate Hours Worked Minus Lunch

You can use the following formula in Excel to calculate the total hours worked by an individual minus time spent at lunch:

**$=((E2-B2)-(D2-C2))*24$**

This formula makes the following assumptions:

Cell B2 contains the start time of the shift. Cell C2 contains the lunch start time. Cell D2 contains the lunch end time. Cell E2 contains the end time of the shift.

The following example shows how to use this formula in practice.

### Example: Calculate Hours Worked Minus Lunch in Excel

Suppose we have the following dataset in Excel that shows the times worked by various employees at some

## company:

	A	B	C	D	E	F
1	<b>Employee</b>	<b>Clock In</b>	<b>Start Lunch</b>	<b>End Lunch</b>	<b>Clock Out</b>	
2	Andy	9:00 AM	12:00 PM	12:30 PM	6:00 PM	
3	Bob	9:30 AM	12:15 PM	1:00 PM	6:30 PM	
4	Chad	10:00 AM	12:00 PM	1:00 PM	7:00 PM	
5	Doug	10:15 AM	2:00 PM	3:00 PM	7:15 PM	
6	Eric	10:25 AM	2:15 PM	2:45 PM	7:25 PM	
7						
8						
9						
10						
11						
12						
13						
14						

Suppose we would like to calculate the total hours worked by each employee minus time spent at lunch.

We can type the following formula into cell F2 to do so:

**`=((E2-B2)-(D2-C2))*24`**

We can then click and drag this formula down to each remaining cell in column F:

F2     $\times$      $\checkmark$      $fx$      $=((E2-B2)-(D2-C2))*24$

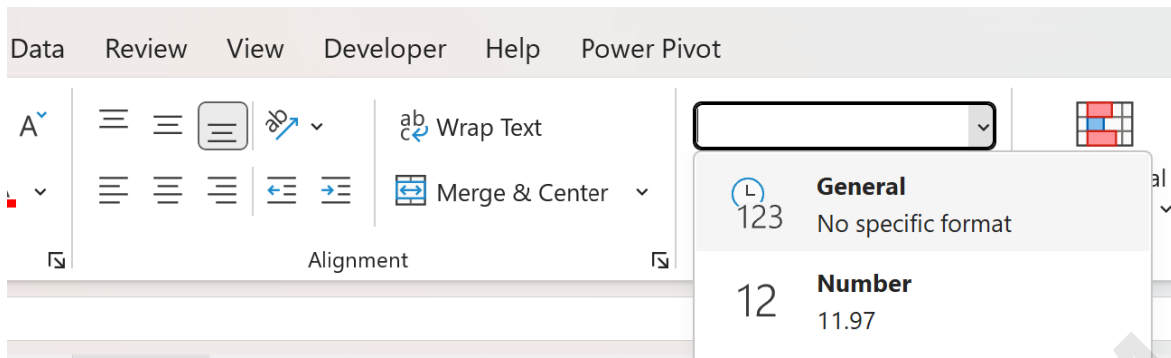
	A	B	C	D	E	F
1	Employee	Clock In	Start Lunch	End Lunch	Clock Out	Hours Worked Minus Lunch
2	Andy	9:00 AM	12:00 PM	12:30 PM	6:00 PM	8.5
3	Bob	9:30 AM	12:15 PM	1:00 PM	6:30 PM	8.25
4	Chad	10:00 AM	12:00 PM	1:00 PM	7:00 PM	8
5	Doug	10:15 AM	2:00 PM	3:00 PM	7:15 PM	8
6	Eric	10:25 AM	2:15 PM	2:45 PM	7:25 PM	8.5
7						
8						
9						
10						
11						
12						

**Column F now shows the total hours worked minus lunch for each employee.**

**For example:**

**Andy worked 8.5 total hours, not including time spent at lunch. Bob worked 8.25 total hours, not including time spent at lunch. Chad worked 8 total hours, not including time spent at lunch.**

**And so on.**



**This will convert the time values to a numerical format.**

**The following tutorials explain how to perform other common tasks in Excel:**