

How can I add and subtract weeks to a date in Google Sheets?

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Google Sheets allows users to easily add or subtract weeks to a given date using the built-in functions and formulas. This feature is helpful for managing and organizing data, especially when working with time-sensitive information. To add or subtract weeks to a date in Google Sheets, users can use the DATE function or the EDATE function, specifying the number of weeks to add or subtract. This will automatically calculate and update the date accordingly. Additionally, users can also use the basic arithmetic operators (+ or -) with the number of weeks to be added or subtracted from a date. This simple yet powerful feature makes it convenient for users to perform date calculations and stay on top of their data in Google Sheets.

Add & Subtract Weeks to Date in Google Sheets

You can use the following basic formulas to add and subtract weeks from a date in Google Sheets:

Formula 1: Add Weeks to Date

=A1+7*(3)

This particular formula adds 3 weeks to the date in cell A1.

Formula 2: Subtract Weeks from Date

=A1-7*(1)

This particular formula subtracts 1 week from the date in cell A1.

The following examples show how to use each formula

in practice with the following dataset in Google Sheets:

| | A | B | C | D | |
|----|-------------|--------------|---|---|--|
| 1 | Date | Sales | | | |
| 2 | 1/1/2020 | 12 | | | |
| 3 | 5/4/2020 | 15 | | | |
| 4 | 6/14/2020 | 7 | | | |
| 5 | 12/3/2020 | 8 | | | |
| 6 | 3/3/2021 | 8 | | | |
| 7 | 3/5/2021 | 4 | | | |
| 8 | 2/14/2022 | 9 | | | |
| 9 | 2/17/2022 | 14 | | | |
| 10 | 4/19/2022 | 17 | | | |
| 11 | 7/25/2022 | 20 | | | |
| 12 | | | | | |
| 13 | | | | | |
| 14 | | | | | |
| 15 | | | | | |
| 16 | | | | | |
| 17 | | | | | |
| 18 | | | | | |
| 19 | | | | | |
| 20 | | | | | |

Example 1: Add Weeks to Date in Google Sheets

We can type the following formula into cell C2 to add 3 weeks to the date in cell A2:

=A2+7*(3)

We can then drag and fill this formula down to each remaining cell in column C:

C2 fx =A2+7*(3)

| | A | B | C | D |
|----|-------------|--------------|-----------------------|---|
| 1 | Date | Sales | Date + 3 Weeks | |
| 2 | 1/1/2020 | 12 | 1/22/2020 | |
| 3 | 5/4/2020 | 15 | 5/25/2020 | |
| 4 | 6/14/2020 | 7 | 7/5/2020 | |
| 5 | 12/3/2020 | 8 | 12/24/2020 | |
| 6 | 3/3/2021 | 8 | 3/24/2021 | |
| 7 | 3/5/2021 | 4 | 3/26/2021 | |
| 8 | 2/14/2022 | 9 | 3/7/2022 | |
| 9 | 2/17/2022 | 14 | 3/10/2022 | |
| 10 | 4/19/2022 | 17 | 5/10/2022 | |
| 11 | 7/25/2022 | 20 | 8/15/2022 | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |

Column C now displays the date in column A with exactly 3 weeks added to it.

Feel free to change the 3 in the formula to any value you'd like to add a different number of weeks to the original date.

Example 2: Subtract Weeks from Date in Google Sheets

=A2-7*(1)

We can then drag and fill this formula down to each

remaining cell in column C:

| | A | B | C | D |
|----|-------------|--------------|----------------------|---|
| 1 | Date | Sales | Date - 1 Week | |
| 2 | 1/1/2020 | 12 | 12/25/2019 | |
| 3 | 5/4/2020 | 15 | 4/27/2020 | |
| 4 | 6/14/2020 | 7 | 6/7/2020 | |
| 5 | 12/3/2020 | 8 | 11/26/2020 | |
| 6 | 3/3/2021 | 8 | 2/24/2021 | |
| 7 | 3/5/2021 | 4 | 2/26/2021 | |
| 8 | 2/14/2022 | 9 | 2/7/2022 | |
| 9 | 2/17/2022 | 14 | 2/10/2022 | |
| 10 | 4/19/2022 | 17 | 4/12/2022 | |
| 11 | 7/25/2022 | 20 | 7/18/2022 | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |

Column C now displays the date in column A with 1 week subtracted from it.

Feel free to change the 1 in the formula to any value you'd like to subtract a different number of weeks from the original date.

The following tutorials explain how to perform other

common tasks in Google Sheets:

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