

Echoic Memory

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Echoic memory is one of the sensory memory registers; a component of short term memory (STM) that is specific to retaining auditory information. This particular sensory store is capable of storing large amounts of auditory information that is only retained for a short period of time (3-4 seconds). This echoic sound resonates in the mind and is replayed for this brief amount of time shortly after the presentation of auditory stimuli.

Overview

Shortly after George Sperling's partial report studies of the visual sensory memory store, researchers began investigating its counterpart in the auditory domain. The term echoic memory was coined in 1967 by Ulric Neisser to describe this brief representation of acoustic information. It was initially studied using similar partial report paradigms to those utilized by Sperling; however, modern neuropsychological techniques have enabled the development of estimations of the capacity, duration, and location of the echoic memory store. Using Sperling's model as an analogue, researchers continue to apply his work to the auditory sensory store using partial and whole report experiments. They found that the echoic store has a duration of up to 4 seconds, and in the absence of interference has been shown to last up to 20 seconds.

Early Work

Baddeley's model of working memory consists of the visuospatial sketchpad which is related to iconic memory, and a phonological loop which attends to auditory information processing in two ways. The first is a phonological store which has the capacity to retain information for 3-4 seconds before decay, which is a much longer duration than iconic memory (which is less than 1000ms). The second is a sub-vocal rehearsal process to keep refreshing the memory trace by the using one's "inner voice". However, this model fails to provide a detailed description of the relationship between the initial sensory input and ensuing memory processes.

A short-term memory model proposed by Nelson Cowan attempts to address this problem by describing a verbal sensory memory input and storage in more detail. It suggests a pre-attentive sensory storage system that can hold a large amount of accurate information over a short period of time and consists of an initial phase input of 200-400ms and a secondary phase that transfers the information into a more long term memory store to be integrated into working memory that starts to decay after 10-20s.

Methods of Testing Echoic Memory

Partial & Whole Report

Following Sperling's (1960) procedures on iconic memory tasks, future researchers were

interested in testing the same phenomenon for the auditory sensory store. Echoic memory is measured by behavioural tasks where participants are asked to repeat a sequence of tones, words, or syllables that were presented to them, usually requiring attention and motivation. The most famous partial report task was conducted by presenting participants with an auditory stimulus in the left, right, and both ears simultaneously. Then they were asked to report spatial location and category name of each stimulus. Results showed that spatial location was far easier to recall than semantic information when inhibiting information from one ear over the other. Consistent with results on iconic memory tasks, performance on the partial report conditions were far superior to the whole report condition. In addition, a decrease in performance was observed as the interstimulus interval (ISI) (length of time between presentation of the stimulus and recall) increased.

Auditory Backward Recognition Masking

Auditory backward recognition masking (ABRM) is the one of the most successful tasks in studying audition. It involves presenting participants with a brief target stimulus, followed by a second stimulus (the mask) after an (ISI). The amount of time the auditory information is available in memory is manipulated by the length of the ISI. Performance as indicated by accuracy of target information increases as the ISI increased to 250 ms. The mask doesn't affect the amount of information obtained from the stimulus, but it acts as interference for further processing.

Mismatch Negativity

A more objective, independent task capable of measuring auditory sensory memory that does not require focused attention are mismatch negativity (MMN) tasks, which record changes in activation in the brain by use of electroencephalography (EEG). This records elements of auditory event-related potentials (ERP) of brain activity elicited 150-200ms after a stimulus. This stimulus is an unattended, infrequent, "oddball" or deviant stimulus presented among a sequence of standard stimuli, thereby comparing the deviant stimulus to a memory trace.

Neurological Basis

Auditory sensory memory has been found to be stored in the primary auditory cortex contralateral to the ear of presentation. This echoic memory storage involves several different brain areas, due to the different processes it is involved in. The majority of brain regions involved are located in the prefrontal cortex (PFC) as this is where the executive control is located, and is responsible for attentional control. The phonological store and the rehearsal system appear to be a left-hemisphere based memory system as increased brain activity has been observed in these areas. The major regions involved are the left posterior ventrolateral prefrontal cortex (VLPFC), the left

premotor cortex (PMC), and the left posterior parietal cortex (PPC). Within the VLPFC, Broca's area is the main location responsible for verbal rehearsal and the articulatory process. The dorsal PMC is used in rhythmic organization and rehearsal, and finally the PPC shows a role in localizing objects in space.

The cortical areas in the brain believed to be involved with auditory sensory memory exhibited by MMN response have not been localized specifically. However results have shown comparative activation in the superior temporal gyrus (STG) and in the inferior temporal gyrus (ITG).

Development

Age-related increases in activation within the neural structures responsible for echoic memory have been observed showing that with age comes increased proficiency in the processing auditory sensory information.

Findings of a (MMN) study, also suggest that the duration of auditory sensory memory increases with age, significantly between the ages of two and six years old from 500-5000ms. Children 2 years of age exhibited an MMN response in ISI between 500ms and 1000ms. Children 3 years old have a MMN response from 1 to 2 seconds, 4 year olds over 2 seconds, and 6 year old children from 3 to 5 seconds. These developmental and cognitive changes and that occur at a young age, and extends into adulthood until eventually decreasing again at old age.

Researchers have found shortened echoic memory duration in former late talkers (LT's), children with Precordial catch syndrome (PCS) , and oral clefts, with information decaying before 2000 ms. However this reduced echoic memory is not predictive for language difficulties in adulthood.

Problems

Children with deficits in auditory memory have been shown to have developmental language disorders. These problems are difficult to assess since performance could be due to their inability to understand a given task, rather than a problem with their memory.

People with attributed unilateral damage to the dorsolateral prefrontal cortex and temporal-parietal cortex after experiencing a stroke were measured using the a MMN test. For the control group the MMN amplitude was largest in the right hemisphere regardless if the tone was presented in the right or left ear.

MMN was greatly reduced for temporal-parietal damaged patients when the auditory stimulus was presented to the contralateral ear of the lesion side of the brain. This adheres to the theory of auditory sensory memory being stored in the contralateral auditory cortex of ear presentation. Further research on stroke victims with a reduced auditory memory store has shown that listening

to daily music or audio books improved their echoic memory. This shows a positive effect of music in neural rehabilitation after brain damage.

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