

# Swedish Universities Scales of Personality

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## RECOMMENDED CITATION

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Swedish Universities Scales of Personality (SSP) is a personality test based on the older Karolinska Scales of Personality (KSP). It is originally in Swedish but has been translated to English. The personality profile is presented in t-score (mean 50 and standard deviation 10). Both the SSP questionnaire and the scoring algorithm is free of charge.

### **Personality dimensions**

SSP includes 91 items and yields 13 personality scales:

Somatic trait anxiety

Psychic trait anxiety

Stress susceptibility

Lack of assertiveness

Impulsiveness

Adventure Seeking

Detachment

Social Desirability

Embitterment

Trait Irritability

Mistrust

Verbal trait aggression

Physical trait aggression