

List of Twelve-step Groups

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This is a list of twelve-step groups based on the set of guiding principles for recovery from addictive, compulsive, or other behavioral problems that was originally developed by Alcoholics Anonymous. The twelve-step method has been adapted widely by fellowships of people recovering from various addictions, compulsive behaviors, and mental health problems. Additionally, some programs have adapted the twelve-step approach in part.

Programs patterned after Alcoholics Anonymous

Fellowships in this section follow reasonably close variations of the Twelve Steps and Twelve Traditions of Alcoholics Anonymous.

AA - Alcoholics Anonymous

ACA - Adult Children of Alcoholics

Al-Anon/Alateen, for friends and family members of alcoholics

CA - Cocaine Anonymous

CLA - Clutterers Anonymous

CMA - Crystal Meth Anonymous

Co-Anon, for friends and family of addicts

CoDA - Co-Dependents Anonymous, for people working to end patterns of dysfunctional relationships and develop functional and healthy relationships

COSA - Codependents of Sex Addicts

COSLAA - CoSex and Love Addicts Anonymous

DA - Debtors Anonymous

EA - Emotions Anonymous, for recovery from mental and emotional illness

EHA - Emotional Health Anonymous, for recovery from mental and emotional illness

FA - Families Anonymous, for relatives and friends of addicts

FA - Food Addicts in Recovery Anonymous

FAA - Food Addicts Anonymous

GA - Gamblers Anonymous

Gam-Anon/Gam-A-Teen, for friends and family members of problem gamblers

HA - Heroin Anonymous

MA - Marijuana Anonymous

NA - Narcotics Anonymous

NAIL - Neurotics Anonymous, for recovery from mental and emotional illness

Nar-Anon, for friends and family members of addicts

NicA - Nicotine Anonymous

OA - Overeaters Anonymous

OLGA - Online Gamers Anonymous

PA - Pills Anonymous, for recovery from prescription pill addiction.

RA - Reentry Anonymous, for recovery of criminal addiction and ex-offender reentry support

SA - Sexaholics Anonymous
SA - Smokers Anonymous
S-anon - for friends and family of sexaholics
SAA - Sex Addicts Anonymous
SCA - Sexual Compulsives Anonymous
SIA - Survivors of Incest Anonymous
SLAA - Sex and Love Addicts Anonymous
WA - Workaholics Anonymous

Programs partially patterned after Alcoholics Anonymous

Fellowships in this section use material from Alcoholics Anonymous, and credit its influence but do not necessary follow both the Twelve Steps and Twelve Traditions of AA.

Celebrate Recovery, Christian-focused twelve-step program for recovery from various behaviors
GROW, a peer support and mutual aid organization for recovery from, and prevention of, serious mental illness

Courage International, Catholic ministry which ministers to those with same-sex attractions

Homosexuals Anonymous, group of people using a modified version of the 12 steps to help each other to live an ex-gay lifestyle

Horizon Services, social service nonprofit based in the San Francisco Bay Area which uses the NA and AA models extensively, along with other methods of recovery

LDS Family Services Addiction Recovery Program, program affiliated with The Church of Jesus Christ of Latter-day Saints that uses twelve-step principles